Conroy Hockey (CH) Player Commitment Letter

Every year as the Coach of your kids I learn and observe more from my diverse involvement with the game. I am constantly trying to do my best and to improve my methods of Coaching for the kids that I train; this is something I take a great deal of pride in.

It is my opinion and my observations that the brain is the least developed part of most hockey players and it is the area that offers the greatest upside. It is my goal to have your kids become more engaged and committed to their training process. It begins with this Commitment Letter from the kids to CH.

I am asking that Parents of kids aged 10+ discuss this letter with them (if needed) and for the kids to download, complete and then deliver to me a copy of this letter for my records, it can be emailed or printed.

1. As a player you obviously want to do better at hockey and that is fantastic. Please list 3 reasons why you want to train with CH this Spring/Summer?

    a.

    b.

    c.

2. Please think carefully then list and describe 3 specific things that you want to improve this Spr/Summer.

    a.

    b.

    c.

3. Please list and describe 3 things that <u>you</u> are going to do this Spr/Summer BESIDES practicing with CH that will help you to become better at the 3 things that you listed in #2.

    a.

    b.

      c.

4. Please list and describe 3 things that you expect from me or that you think we (your Coaches) should do this Spr/Summer to help you to become a better Hockey Player.

      a.

      b.

      c.

5. If you have trained with CH before, please list and describe 3 things that you like about training with CH.

      a.

      b.

      c.

As your Coach this season I expect that you will; listen carefully to the Coaches, work your hardest, focus on instructions provided and the "little things" and enjoy sweating and learning this summer.

I, _____ promise to listen, focus and work hard for my Coaches this CH Spr/Summer training season.

Signed, _____   Date:_____

If you have any message or additional comments for me please provide them here.